

# **VIRTUAL SOCKS & UNDIE 5K RUNDIE & KIDS FUN RUN**

## **2020 Rundie Contests**

**Have some extra time on your hands lately?**

**YES!!**

**Need a FUN/DIFFERENT activity to do with your kids?**

**PLEASE!!**

**Want to win FREE STUFF?**

**ALWAYS!!**

This weekend is the Note in the Pocket Sock & Undie 5K Virtual Rundie. Typically, we would have all kinds of fun stuff set out for you and the kids to do in and around the beautiful grassy areas of Dorothea Dix campus. Just because this year is VIRTUAL, doesn't mean we can't still have FUN!

**This whole weekend we will have contests for you to participate in along with the Virtual 5K. GREAT PRIZES will be given to winners of each contest!**

**Are you part of a TEAM?** Here are the contests you are eligible for:

- 1) LARGEST TEAM-** if your Team has more people registered than any other team, EACH MEMBER of the team will receive a prize!
- 2) HOW MANY 5K's AWAY?** Do you have family/friends who live in California? Hawaii? Canada? England? Ask them to sign up on your team. The team that has a member from the farthest distance from 5100 Lacy Avenue will win! The Team Leader and the person from the farthest location will win a prize (we will mail it to them!)

**As an INDIVIDUAL** (even if you are on a team) you are eligible for even more prizes!

**EVERY REGISTERED person, gets 1 entry to win a 5 day, 4 night cruise to Mexico, the Bahamas or the Caribbean** (donated by Linda Craft). **Want extra entries into the Cruise raffle? Do any of the following:**

- Take a picture of yourself with a sponsor sign – you can either travel to the sponsor and take a picture of the building OR just draw a picture of the sponsor's name (on paper, the sidewalk, etc). Post to Instagram, Facebook or Twitter and tag us - @noteinthepocket – **1 extra entry**
- Dress up as a Healthcare worker, fireman, police officer, doctor, etc and take a picture with a sponsor sign (either at their location or drawn). Post to Instagram, Facebook or Twitter and tag us @noteinthepocket – **2 extra entries**
- Dress up as any of the essential workers listed above and make a quick video of yourself (and/or kids). Post it to Instagram, Facebook or Twitter and tag us -@noteinthepocket -**2 extra entries**
- Dress up as any of the essential workers listed above and make a cheerful sign or sidewalk drawing that says "THANK YOU" or anything with "Note in the Pocket" on it and post to Instagram, Facebook or Twitter and tag us - @noteinthepocket. – **3 extra entries**

**Contests for Kids, Families & Pets** (even if you are part of a team)

**\*\*** Costumes/decorations will be voted on by Note in the Pocket Staff and Volunteer Leaders - PRIZES will be awarded to the "Best" of the best.

**1) Dress your child up as a "HERO"**– it can be a doctor, nurse, fireman ... or Batman, Superman, Wonder Woman – ANY HERO. Have them run their own version of a "Fun Run" in your neighborhood, back yard, wherever! Take a picture of them and send it to race@noteinthepocket.org. You can also post to Instagram, Facebook or Twitter – be sure to tag us! **Winner receives a gift card to the local business of your choice.**

**2) Dress up your PET as a "HERO"**– doctor, nurse, Batman, Wonder Woman – anything! Send pictures to race@noteinthepocket.org. You can also post to Instagram, Facebook or Twitter – be sure to tag us - @noteinthepocket! **Winner receives a gift card to the local business of your choice.**

**3) Decorate your Stroller/wagon**– Have a little one that doesn't want to dress up? Decorate your stroller or wagon. Any way you want. Send pictures to race@noteinthepocket.org. You can also post to Instagram,

Facebook or Twitter – be sure to tag us. **Winner receives a gift card to the local business of your choice.**

**4) Have the whole family dress up**– Make this a family thing! Get everyone involved! Dress up as your favorite “HERO FAMILY”. Any “hero family” will do. Send pictures to [race@noteinthepocket.org](mailto:race@noteinthepocket.org). You can also post to Instagram, Facebook or Twitter– be sure to tag us! Winner will receive a **\$250 gift certificate to Diamonds Direct AND a gift card to the local business of your choice.**

**Let's make the most of the time we have been given at home. This weekend could be the most FUN weekend of quarantine! Get out and walk, run, skip, stroll or crawl - dress up in fun costumes - take pictures - and win prizes!**

Hope to see ALL of you on Instagram and Facebook this weekend. Stay well! **You are LOVED!**  
**#NITPVirtualRundie**